



The aim of Aesthetic Medicine is to improve the facial and body structure providing more harmony and attractive to patient's physiognomy, as well as a corresponding self-esteem, thus maintaining mental stability and quality of life via multiple interpersonal relations.

There are many different factors by which somebody finally decides to subject to a non-surgical procedure at the hand of Aesthetic Medicine, such as to correct certain imperfections or to soften ageing consequences on face and body, in order to re-invigorate or just show a healthy and fresh look.

As Aesthetic Medicine professionals, we use the most advanced treatment therapies to solve a myriad of aesthetic problems in a quick, painless and easy way with total satisfaction guaranteed.

#### • FACIAL PLASTIC SURGERY

BODY PLASTIC SURGERY

Botox: Botulinum toxin. Medical body treatments.

Hyaluronic acid fillers. Anti cellulite treatments.

Radiofrequency treatment against facial flaccidity. IPL hair removal.

Facial Mesotherapy. Localized fat – Figure makeover.

Liquid face-lift. Botox: Hand and axilar sweating excess.

Plasma rich in growth factors. Sclerotherapy for varicose and spider veins.

Rich – skin revitalization. Cavitation.

Capillary growth factor. Vacumtherapy.

Chemical peeling. Electro-stimulation.

Wrinkles and facial spots (IPL). Lymphatic drainage.

Skin reconstitution (Renovation-Exfoliation). Preoperative and post-operative treatment.

Light biostimulation (IPL). Minor surgery in primary care: Lipoma, tumor,

Express rejuvenation. torn ears, flaps of skin, etc.

Others...



## BOTOX

Used to eliminate temporarily expression wrinkles. With the use of Botox we can obtain a serene and relaxed facial expression, as it acts directly on the face's muscles. It is not a filling material and the treatment is very safe, so it doesn't require any allergy test and the dose is so low that it doesn't take any risks. The treatment is normally performed in the clinic without altering the working activities.



## DERMAL IMPLANTS/ HYALURONIC ACID



Key product to regain youth as it softens the wrinkles, recover tissues and define facial outlines. Hyaluronic acid has a constant chemical structure in all species, so it guarantees total safety on facial re-invigoration as it has a great capacity to retain water and improve skin reconstitution, providing more volume and maintaining elasticity.

## RADIOFREQUENCY

Producing a non-ablative thermal effect, short and long term improving effects can be obtained in both skin and fat. Useful to combat cellulite and facial and body flaccidity. In short, radiofrequency constitutes a non-ablative technique that provides new possibilities to non-surgical treatments.



## RICH

Applying mesotherapy techniques with active products such as vitamins and non-reticulated hyaluronic acid, we can provide more light and a fresher and younger facial expression.

## IPL PHOTOREJUVENATION

Source of light that improves the look and texture of your skin. We use the IPL system to soften minor and moderated signs associated to skin's ageing process, including benign vascular injuries, spots, wrinkles, dilated pores and elasticity loss. It can be used as a supplementary treatment for other aesthetic medical procedures.



## SKIN RECONSTITUTION

We use beauty products in order to prevent skin ageing and to maintain its hydration and elasticity. It's important to personalize these treatments to our age and skin in order to get the best of them.



## PLATELET RICH PLASMA / GROWTH FACTOR RICH PLASMA

As time goes by, skin and body tissues suffer alterations that entails natural ageing, but we can mitigate and reduce these changes with the application of Growth Factors. With the use of proteins that are present in the patient's own plasma we can regenerate tissues from the neck, face, hand, cleavage, etc. They may also be used as fat grafting (filler). In conclusion, it's a novel system that offers us many aesthetic benefits by using our own resources.

#### PRP HAIR BIOSTIMULATION

Making infiltrations in the scalp and injecting growth factor rich plasma we can prevent hair loss, strengthen the hair and stimulate new hair growth. It's a non-surgical procedure, generally with no need of anaesthesia and without any practical secondary effects.

# NANOFAT PERIORBITAL DARK CIRCLES ELIMINATION

It's not a proper fat grafting treatment, but due to its powerful regenerative effect on emulsified fats it's used for skin re-invigoration, the softening of minor wrinkles and, most of all, for "inesthetic" pigmentation on the eye-lids and the periorbital dark circles.



# BODY



## AXILLARY HYPERHIDROSIS

The cause of excessive sweating on hands, armpits and other body parts is not well determined, but there seems to be an emotional or anxiety component that determines the appearance of this unpleasant circumstance. As the sweating glands involved have a cholinergic innervation, it's liable to have them blocked under the effects of the botulinum toxin. There are no doubts that it's the safest technique for Axillary Hyperhidrosis, with limited side effects and very effective above anything else.

## PALMAR HYPERHIDROSIS

This problem of unknown reason causes both social and professional disorders. Botulinum toxin is also very useful in this case. After the armpits, the area with a bigger involvement is the hand palm. In order to control the pain in the palms, regional anesthesia or cold localized pressure may be used, but it could also be required a nervous block. The duration is variable, but it lasts about 4 or 6 months on average.

## VARICOSE VEINS / VASCULAR SCLEROSIS

Non-surgical treatment oriented to the eradication of unaesthetic veins on the legs. Sclerotherapy with detergent substances has become a very effective procedure for the treatment of vascular malformations.



## BODY AESTHETIC



## MESOTHERAPY

By injecting diverse substances such as L-carnitina, artichoke, homeopathic substances, etc. Supplementary use of diverse appliances may also be carried out in order to get better results.

## ULTRASOUND

For the treatment of localized body fats, cellulite and as a complement for Aesthetic Surgery patients that have recently had an operation.

## ELECTRO-STIMULATION

With a therapeutic aim, electricity can be applied in a controlled and very low intensity, in order to stimulate the lymphatic system and boost the reduction of cellulite.

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#### DERMAL ABRASION

#### LYMPHATIC DRAINAGE

Useful to remove epidermis and the superior third part of the dermis, providing a better outline and surface of the skin, which is usually under the effect of irregularities produced by scars, acne and congenital or acquired dermatosis.

This is a kind of systematic massage oriented to drain or displace the halted lymphatic liquid, even in post-surgery cases, for its normal evacuation to venous system.

## PREOPERATIONAL AND POST-OPERATIONAL TREATMENTS

By using protocolized procedures of lymphatic drainage, or aesthetic appliances such as ultrasounds or radiofrequency.

## MINOR SURGERY IN PRIMARY CARE

Correction of unaesthetic scars, torn ears, skin tumor removal, pre-malignant nevus to be stdied, etc.

## **AESTHETIC MEDICINE**

DR. SILVIO ZAMORA E.

HOSPITAL QUIRON

PARQUE ALCOLEA, 7, 20012

SAN SEBASTIAN - GUIPUZKOA

943437100 - 638750157

CLINICA ASKABIDE

C/Easo, 79-bajo, 2006-Donostia (Gipuzkoa)

TELF.: 943 44 47 92

silvio@esteticazamora.es evelyn@esteticazamora.es